From: Cohn, Gary
To: EPS.MailList

Subject: Caring for those in Shock

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Attachments: image001.png

Helping Children Cope with Violence.docx

Providing Information to Children after Traumatic World Events.pdf

Dear Colleague:

There are no words this morning that adequately describe my horror at the news from Las Vegas. And I can hardly imagine the emotions others are experiencing as the information from Nevada ripples across our nation and the world. Many of us have traveled to Las Vegas for family, vacations, celebrations, and can't imagine such a horrible turn of events unfolding amid the unsuspecting vacationers and concert-goers.

In the aftermath of what are now becoming all-too-frequent incidents, you may have heard repeated the advice of Mr. Rogers, "When I was a boy and I would see scary things in the news, my mother would say to me, "Look for the helpers. You will always find people who are helping."

I ask you, if possible, to be one of those helpers. Although far from Las Vegas this morning, individuals in our schools' communities will respond differently to the news of what happened there. Some will show no emotion, and some will wear their emotions for all to see. Our young people, and our coworkers, will need your strength and your help today no matter how they feel or display grief and fear.

Our incredible team of counselors and administrators are mobilizing this morning to provide information and supports to help us stay strong and provide a shoulder for those who need us. I cannot speculate the aftershocks our nation and the world will see in the coming days and weeks. However, I know you will help our schools remain the safe havens that those who need us count on for themselves and their children. Becky Ballbach has provided, and I have attached, a few resources that you may find helpful.

Thank you today – and every day – for the care you provide for those who have been entrusted to us, and for the care you show your colleagues in emotionally difficult times such as these. There is no better time to recall that phrase we use here so often: Keep Calm, and Carry On. Bless you, and all those affected by this act of terror,



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